Synchronize the heart rate data from Fitbit

Access data from last week

Add new activities (alternatively long-click on the chart)

Delete activities with a long click

Access data from any date in the past
Choose your self-estimated feeling through the activity

Add a custom activity (if not in the list)

Add a activity of the list
Disconnect from your Fitbit account - you shouldn't do this through the study

Delete all the profile data with one click

Edit your profile data with a click

Upload your data to our server - IMPORTANT: Do it regularly and only one time per week (through this beta phase)

Delete all the profile data with one click

Edit your profile data with a click

Disconnect from your Fitbit account - you shouldn't do this through the study

IMPORTANT:

Upload your data to our server - IMPORTANT: Do it regularly and only one time per week (through this beta phase)